

# Sizing Chart

(2 ways to measure for correct size)



- XX Small Fits 9" - 10"
- X Small Fits: 10" - 11"
- Small Fits: 11" - 12"
- Medium Fits: 12" - 13"
- Large Fits: 13" - 14"
- X-large Fits: 14" - 15"
- XX-Large Fits: 15" - 16"

Size Fits: Body Part Measured: Ankle Circumference around the heel

ASO Sizing Chart -- Fitting by shoe size						
<b>Men</b>	6-7	7 1/2 - 9	9 1/2 - 11	11 1/2 - 13	13 1/2 - 15	15+
Narrow	xxs	xs	s	m	l	xl
Regular	xs	s	m	l	xl	xxl
Wide	s	m	l	xl	xxl	xxl
<b>Women</b>	5-6	6 1/2 - 8	8 1/2 - 10	10 1/2 - 12	12 1/2 - 14	
Narrow	xxs	xs	s	m	l	
Regular	xs	s	m	m	l	
Wide	s	m	l	l	xl	